

# LUNCH Mon-Fri 12pm-3pm

Homemade Soup of the Day

€5.50 \*Soup & ½ Sandwich

€8.90

## All Sandwiches & Wraps served with Crisps and Salad

Gluten Free Bread €2.00 Add Rustic Potatoes €2.50

## \*Spiced Beef Stack

Traditional Irish Spiced Beef, Caramelised Onions, Gherkins, Mixed Leaves, Tomato & a Seeded Mustard Aioli on Sourdough (Allergens 1,3,7,10) €7.90

#### \* \*Coronation Chicken

Chicken Fillet, Spiced Mango Chutney, Mixed Leaves & a Lightly Curried Mayo on Sourdough (Allergens 1,3,7,8,10,11) €7.90

#### \* \*Grilled Cheese

Grilled Cheddar & Emmental Cheese on Sourdough (V) (Allergens 1,7) €6.90 Add Ham €7.90

## Grilled Halloumi Wrap

Grilled Halloumi, Avocado, Tomato & Rocket in a Wrap (V) (Allergens 1,5,7,12)

€8.90

#### Mexican Chicken Wrap

Mexican Fried Chicken with Salsa, Guacamole, Spicy Mayo & Rocket in a Wrap (Allergens 1,3,6,7,12) €8.20

## Sirloin Steak

5oz Sirloin Steak served with Rustic Potatoes, Asparagus, Roast Tomato & a Whiskey Peppercorn Sauce (Allergens 1,6,7,9) €13.50

# Chorizo Hash

Chorizo Ristra, Roast Red Peppers & Rustic Potato Hash topped with a Fried Egg (GF) (Allergens 3,6,12) €7.90

#### Smoked Salmon Nicoise Toast

Smoked Salmon, Soft Boiled Egg, Smashed Avocado & Pepper Salsa on Sourdough Toast with a Dijon Vinaigrette dressing (Allergens 1,3,4,10) €11.00

### Goat's Cheese Foccacia

Grilled Goat's Cheese on Foccacia with Roast Peppers, Figs & a bed of Rocket (Allergens 1,3,6,7) €8.50

# List of Allergens

1 Gluten, 2 Crustaceans, 3 Eggs, 4 Fish, 5 Peanuts, 6 Soybeans, 7 Milk, 8 Nuts, 9 Celery, 10 Mustard, 11 Sesame Seeds, 12 Sulphites, 13 Lupin, 14 Molluscs



# **TAPAS**

# Everyday 12pm-1.30am

A	Cheese	Roard
<b>*</b> **	neese	Board

A Selection of Three Cheeses served with Quince Jelly & a Rustic Baguette. Ask Server for Cheeses Available (Allergens 1,3,7,11)

**❖** Meat Board

Herb Galet, Chorizo Ristra, Costa Serrano & Spiced Beef served with a Rustic Baguette (Allergens 1,3,7,11) €14.50

Combo

A Selection of Two Meats & Two Cheeses served with Quince Jelly & a Rustic Baguette (Allergens 1,3,7,11) €15.90

Chicken Liver and Brandy Pâté

Served with Toasted Crostinis & Quince Jelly (Allergens 1)

€7.90

€13.90

Hummus

Served with a Rustic Baguette (V) (Allergens 1)

€5.90

€4.50

Marinated Mozzarella & Pesto Crostini

Toasted Crostinis topped with Garden Pea almond & Basil Pesto, Marinated Mozzarella & Sundried Tomatoes (V) (Allergens 1,7,8,12) €7.00

❖ Pan Con Tomato

Crushed Tomato, Garlic & Olive Oil on Toasted Crostinis (V) (Allergens 1)

Bread & Dips

A Selection of Olive Tapenade, Hummus, Pea Pesto, Crushed Tomato & Garlic, & Olive Oil & balsamic served with Bread & Crackers (V) (Allergens 1,8,11) €7.90

## Olives €2.90/ Toasted Almonds (3,8) €3.50/ GF Bread €2

# **DESSERTS**

Coconut & Mango Cheesecake Pot (Allergens 1,3,8)
€6.00

❖ Banoffee Pot (Allergens 1,7)
€6.00

Double Chocolate Brownie with Butterscotch Sauce & Whipped Cream
 (GF) (Allergens 3,7,8)
 €6.00

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